

WHAT YOU NEED TO KNOW...



ABOUT HOW WE'RE REPLACING RESIDENTIAL CARE WITH INTENSIVE THERAPEUTIC CARE (ITC)

The number of young people entering residential care is increasing. To address this challenge, we're introducing Intensive Therapeutic Care for young people with complex needs who cannot live with family or in foster care initially.

Building on contemporary evidence, ITC focuses on recovery from trauma and preparing young people to transition into permanent homes.

The way forward

The NSW Government is:

APPOINTING AND FUNDING

AN INDEPENDENT INTERMEDIARY ORGANISATION

TO SUPPORT PROVIDERS WITH EXPERT ADVICE ON EVIDENCE-BASED THERAPEUTIC CARE, KNOWLEDGE SHARING, AND LEARNING AND DEVELOPMENT



MINIMUM AGE REQUIREMENT FOR ITC



BUILDING A WORKFORCE SKILLED IN TRAUMA INFORMED CARE

DEVELOPING A CENTRAL ACCESS UNIT (CAU)

TO DETERMINE WHETHER A YOUNG PERSON SHOULD ENTER ITC



AIMING TO MINIMISE THE AMOUNT OF TIME

SPENT IN ITC BY A YOUNG PERSON



CREATING NEW ROLES

INCLUDING THERAPEUTIC SPECIALISTS TO SUPPORT THE INDIVIDUAL NEEDS OF YOUNG PEOPLE



WHAT YOU NEED TO KNOW...

ABOUT HOW WE'RE REPLACING RESIDENTIAL CARE WITH INTENSIVE THERAPEUTIC CARE (ITC)



Our 10 essential elements to support the delivery of Intensive Therapeutic Care

The way forward



THERAPEUTIC SPECIALISTS
TO DEVELOP AND COORDINATE INDIVIDUAL THERAPEUTIC CARE PLANS

QUALIFIED, TRAINED AND CONSISTENT STAFF



ENGAGEMENT, PARTICIPATION AND INCLUSION OF YOUNG PEOPLE



REFLECTIVE PRACTICE



CLIENT MIX
CREATING A CLIENT MIX THAT MAXIMISES OPPORTUNITIES FOR ALL YOUNG PEOPLE



CARE TEAM MEETINGS
TO JOINTLY REVIEW THE CHANGING NEEDS OF A YOUNG PERSON



ORGANISATIONAL COMMITMENT
TO A THERAPEUTIC APPROACH FROM CARE WORKER TO BOARD MEMBER



PHYSICAL ENVIRONMENT
BUILDING A HOME-LIKE ENVIRONMENT

EXIT PLANNING AND POST EXIT SUPPORT



GOVERNANCE & REPORTING
TO ENSURE QUALITY CARE AND BETTER OUTCOMES

