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MEDIA RELEASE

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FREE DIARY HELPS SENIORS KNOW THEIR RIGHTS

Scams, retirement planning and e-safety are covered in a free 2022 diary for seniors to help them understand their legal rights.

Attorney General Mark Speakman encouraged seniors to pick up a copy of the Legal Topics for Older People 2022 Diary, which can now be pre-ordered online.

"We're supporting NSW residents to age with dignity, and part of that is ensuring older people know where to turn if they're experiencing elder abuse or discrimination," Mr Speakman said.

"This fantastic publication produced annually by Legal Aid NSW provides details for legal and non-legal support services to help seniors stay connected and informed."

Minister for Seniors Natalie Ward said some older people may be unaware of the legal avenues available to them.

"This diary helps break down the barriers which may prevent our seniors from asking for help and to arm them with the tools they need to access services available to them," Mrs Ward said.

"It also keeps readers up to date with events like the popular NSW Seniors Festival and school holidays."

Legal Aid NSW's Acting CEO Monique Hitter said the diary was a critical resource for older people and the most popular publication the agency produces.

"It's a great way to start some of those tough but important conversations about wills and planning for the future," Ms Hitter said.

President of the Law Society of NSW Juliana Warner supported the production of such a critical legal resource for seniors.

"There are many legal issues impacting older people, including powers of attorney, aged care, housing, consumer rights and of course elder abuse. This diary covers them all," Ms Warner said.

Pre-order the <u>diary or calendar</u> online now, or pick up a copy from your local Legal Aid NSW office, state MP or library by 15 December.