

MEDIA RELEASE

Wednesday, 31 March 2021

AN EGGSCELLENT END TO DAYLIGHT SAVING

Clocks wind back an hour this Easter Sunday, marking the end of dark starts to cooler days.

Attorney General Mark Speakman said there's no shortage of ideas to use the spare 60 minutes available on Sunday.

"Children and adults alike would welcome the extra hour to tuck into the bounty of the bunny on Easter morning, or just to have a well-earned sleep in," Mr Speakman said.

"It's also an ideal time to see to those occasional household chores like replacing batteries in household smoke alarms and cleaning your heaters before they boot up for the winter months."

Daylight saving ends officially at 3am on Sunday, 4 April, when clocks go back an hour to 2am. Most internet connected devices will update automatically, but for manual clocks don't forget to make the adjustment before turning in on Easter Saturday.

"The return to standard time will enable early risers, morning joggers, dog walkers and shift workers to make the most of natural light as the days shorten with the change of season," Mr Speakman said.

Daylight saving starts on the first Sunday in October and finishes on the first Sunday in April.

Victoria, South Australia, Tasmania and the ACT will also be resetting their clocks whether it is done manually or automatically.

There is no change to the time in Queensland, Western Australia and the Northern Territory where daylight saving time is not observed.

Daylight Saving Time is legislated in NSW under the <u>Standard Time Act 1987</u> and applies to the whole of the state (with Broken Hill and Lord Howe Island in different time zones).