



**Mark Speakman**

Attorney General and Minister for the Prevention of Domestic Violence

## **MEDIA RELEASE**

Thursday, 1 October 2020

### **SPRING INTO DAYLIGHT SAVING AND BE COVID SAFE**

The COVID-19 pandemic has changed a lot, but one thing will remain the same.

Attorney General Mark Speakman has reminded NSW residents that daylight saving commences again on Sunday, 4 October at 2am.

“Putting the clocks forward this weekend will mean we will have longer evenings and extra light to enjoy. But because of the challenges of COVID-19, please remember to be safe when out and about,” Mr Speakman said.

“Always check the latest government advice about keeping yourself and others protected from the virus.”

Mr Speakman also advised those with manual timepieces to adjust them on Saturday night.

“While most electronic devices automatically update to daylight saving time, it’s advisable that anyone with a manual clock or watch should wind it forward by one hour before going to bed on Saturday night,” he said.

Daylight saving time runs from the first Sunday in October until the first Sunday in April in all Australian states and territories, except Queensland, Western Australia and the Northern Territory, where daylight saving is not observed.

Daylight saving first operated in Australia in World War I from 1 January to 25 March 1917 under the defence power in Section 51 of the constitution.

It resumed during World War II for three summers beginning on 1 January 1942, before it was re-introduced in NSW in 1971 and has continued since then.