

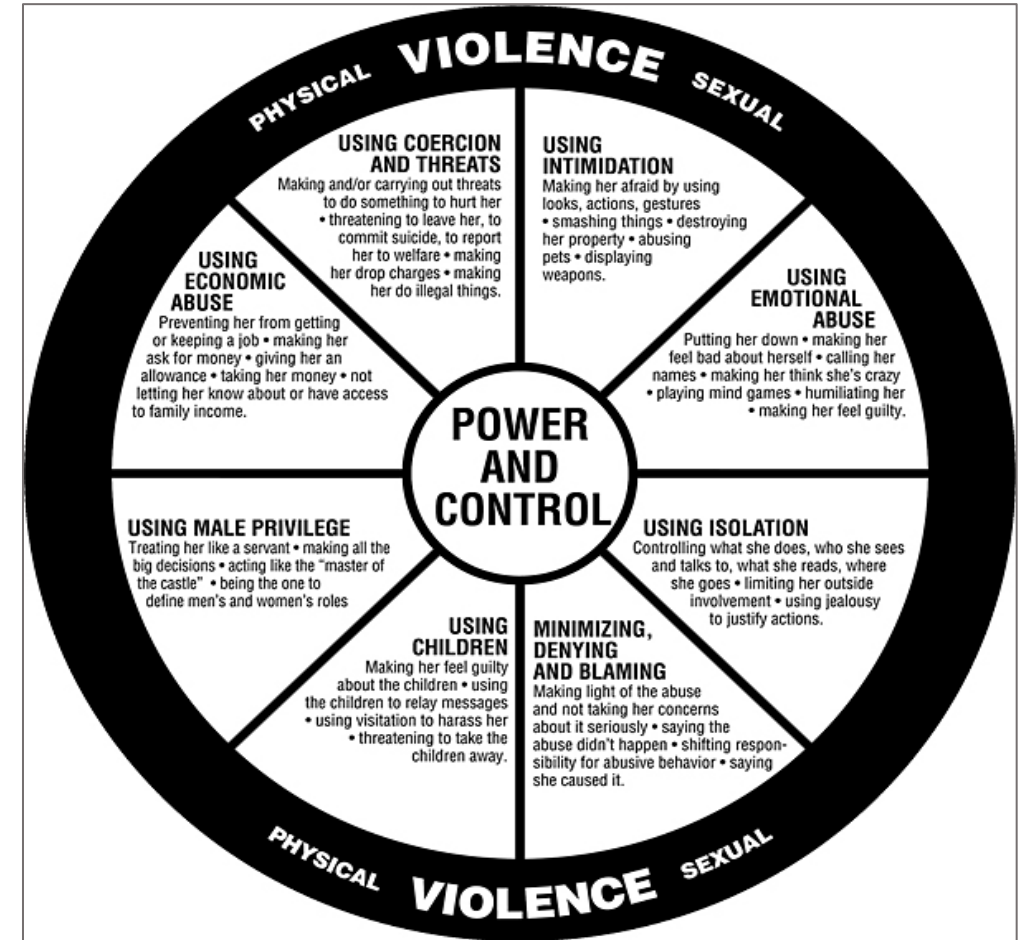
# Cultural Safety in Family Violence Prevention

Organisational Resources

# Types of Violence



# Power and Control Wheel



Download this and other wheels from: [www.duluth.org.au](http://www.duluth.org.au)



# Drivers of family violence

Gender discrimination across society in which women and men are not equal, leads to violence against women being tolerated and/or condoned.

1. Condoning of violence against women
2. Men's control of decision-making and limits to women's independence
3. Rigid gender roles and identities
4. Male peer relations that emphasise aggression and disrespect towards women

*World Health Organisation*



# Reinforcing Factors

These factors can increase the frequency or severity of violence.

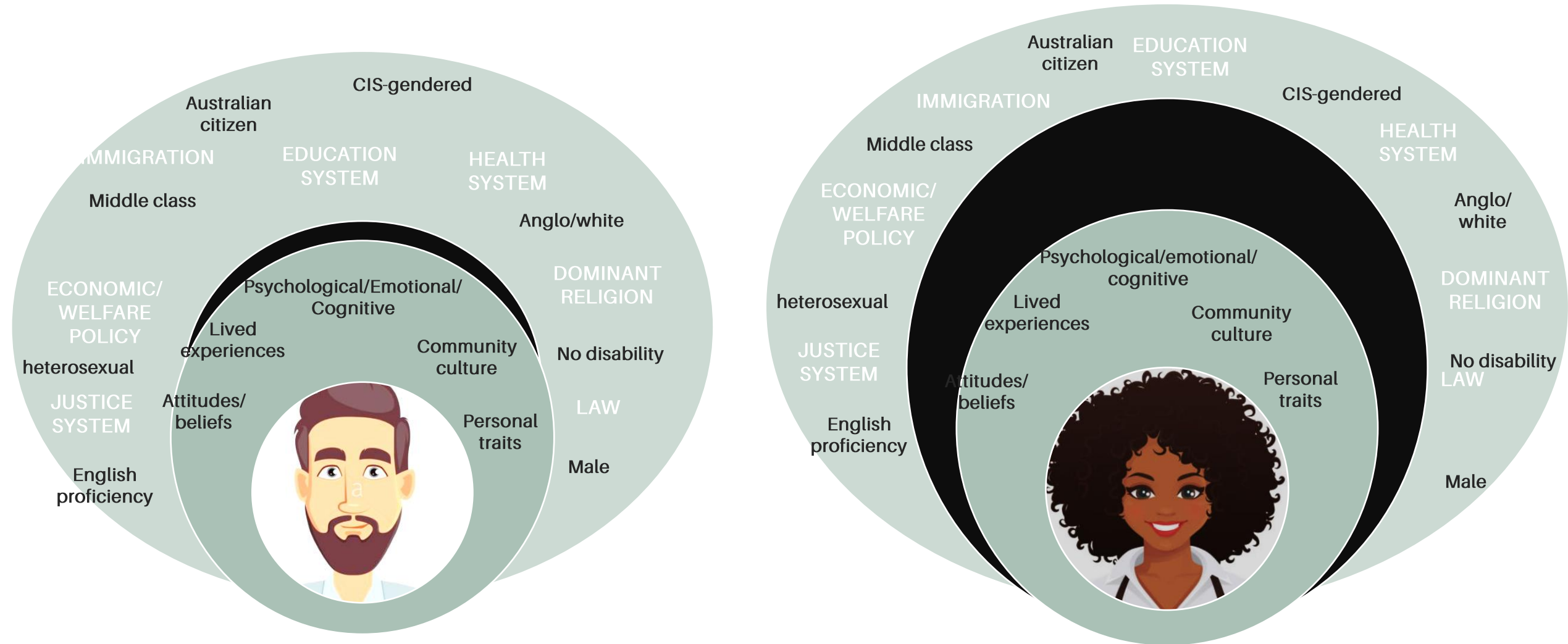
1. Condoning of violence in general
2. Experience of, and exposure to, violence
3. Anti-social behaviour
4. Socio-economic inequality and discrimination
5. Backlash factors

# High Risk Factors

The following tactics of abuse are considered high risk factors leading to homicide (incl suicide)

Controlling behaviours (incl stalking)	Escalation of violence	Recent separation / plan to separate	Jealous and obsessive
Threats to kill the victim or their family (incl pets)	Harms or threatens to harm victim and/or their family (incl pets)	Access to, and use of, weapons	Threatens to, or attempts, suicide
Problematic alcohol and/or drug use	Problematic gambling	Sexual assault	Sudden unemployment or financial strain
Pregnancy or recent birth	Strangulation / choking	Environmental crisis (floods, fires, etc)	Social crisis (war, pandemic, etc)

# The Dimensions of Culture



The central black section is the gap between the mainstream and the individual perspective. The bigger this gap, the harder it becomes to belong / be accepted / represented / included

# The 4 levels of Discrimination



# Inclusive Practice

Our work must challenge violence-condoning narratives whilst:

- a) being respectful of differences in lived experiences based on personal traits and characteristics
- b) being aware of existing oppressive structures
- c) being aware of our own implicit biases and how these impact our work
- d) being aware of our position of power and how we can use this to create inclusion, equity, justice and safety

## Training programs available:

- Foundations of family violence
- Apply an intersectional feminist framework to family violence response
- Understanding coercive control
- Safely engage men who use family violence
- Working with trauma and shame
- Unpacking 'whiteness'
- Journey towards equity and inclusion

## Other service offerings:

- Family violence **clinical supervision** – individual and group
- **Professional coaching** – holding space for challenging conversations (incl. family violence disclosures and issues around workplace microaggressions and harassment)
- **Individual therapy** for persons using and/or experiencing family violence





# Thank you

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