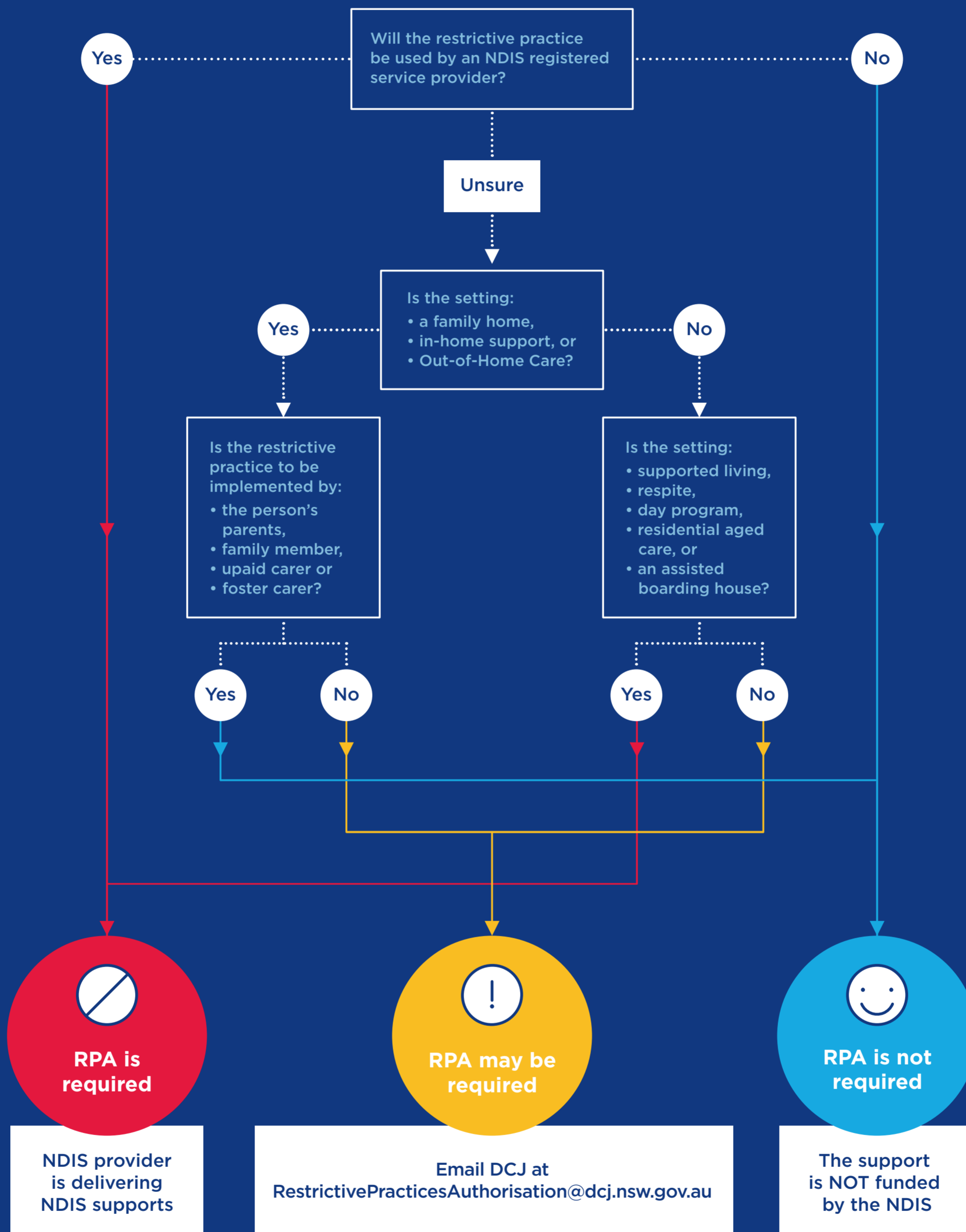


# Do I need Restrictive Practice Authorisation?

The five Restrictive Practices are physical restraint, chemical restraint, mechanical restraint, environmental restraint, and seclusion. Any use of Restrictive Practice must be the least restrictive option available and used for the shortest possible time.

Restrictive Practice Authorisation (RPA) is not needed in all settings, and differs across settings. RPA may be required in any setting where a restrictive practice is proposed to be used by an NDIS registered service provider.

Answer the questions below to find out if RPA is needed in your situation.



**NOTE**

- Out-of-Home Care settings must also meet their obligations with *Behaviour Support in OOHG Guidelines (DCJ), Children and Young Persons (Care and Protection) Act 1998, Children and Young Persons (Care and Protection) Regulation 2012 and NSW Child Safe Standards.*
- Residential Aged Care Facilities must also meet their obligations with the *Aged Care Quality and Safety Commission Act 2018 and Rules and the Aged Care Standards.*
- Assisted Boarding Houses must meet their obligations under the *Boarding House Act 2012.*

**NOTE**

- For Out-of-Home Care providers, including foster carers, approval to use a restrictive practice must be contained in a BSP approved in accordance with the *Children and Young Persons (Care and Protection) Act 1998 and the Children and Young Persons (Care and Protection) Regulation 2012 and the Behaviour Support in OOHG Guide.*
- Unregistered NDIS providers must not use restrictive practices.

To find out more about restrictive practice authorisation in NSW go to [www.dcj.nsw.gov.au](http://www.dcj.nsw.gov.au)

